

class SCHEDULE

SURYA CHANDRA YOGA

Studio: C. 40ª 438C, Centro, Merida

Mon	Tue	Wed	Thu	Fri
7:00 - 8:00 AM Vinyasa Yoga 'BREATHE & FLOW'	 7:30 - 8:30 AM *PARQUE LA PLANCHA* Hatha Yoga 'KARMA YOGA'	7:00 - 8:00 AM Vinyasa Yoga 'BREATHE & FLOW'	 7:30 - 8:30 AM *PARQUE LA PLANCHA* Hatha Yoga 'KARMA YOGA'	7:00 - 8:00 AM Vinyasa Yoga 'BREATHE & FLOW'
8:30 - 9:30 AM Yin Yang Yoga 'GENTLE YOGA'		8:30 - 9:30 AM Yin Yang Yoga 'GENTLE YOGA'		8:30 - 9:30 AM Yin Yang Yoga 'GENTLE YOGA'

 *PARQUE LA PLANCHA* = C. 46 x C. 51 (UNAY)